



  
*Blooms*



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Blooms is a grand celebration of international culinaria, all brought together in one place. This 24-hour multi-cuisine restaurant offers some of the most prominent local and international specialties found in Delhi and across the world! One of the finest all day dining restaurants in Delhi to relish dishes from cuisines including Mediterranean, Asian, Indian and Chinese among others. The real experience of a visit to Blooms, though, revolves around its extravagant selection of buffet for breakfast, lunch and dinner.

A visit to Blooms can never be “a” meal. It is always going to be “the” meal!









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## BREAKFAST MENU

(0600 HRS TO 1100 HRS)






### CONTINENTAL BREAKFAST

595

- Choice of fresh seasonal juice or sliced fruit 
- Basket of fresh morning bakeries   
- Assortment of croissant, muffins, rolls, toast or assorted Danish pastries   
- Tea, coffee or hot chocolate 








### INDIAN BREAKFAST

695

- Choice of fresh seasonal juice or sliced fruit 
- Mini aloo paratha or poori bhaji  
- Choice of idli-vada, dosa or uttapam
- Sambhar with a selection of chutneys 
- Lassi or masala chai 














### FITNESS BREAKFAST

745

- Choice of fresh seasonal juice or sliced fruit 
- Yoghurt 
- Choice of cereal 
- Corn flakes, all-bran, wheat flakes or muesli  
- Two farm fresh poached eggs on brown bread toast or egg white omelette 
- Tea or coffee 






### AMERICAN BREAKFAST

895

- Choice of fresh seasonal juice or sliced fruit 
- Choice of cereal 
- Corn flakes - all bran, wheat flakes or muesli  
- Two farm fresh eggs in any style with crisp bacon or ham, sausage, grilled tomato and hash brown potato  
- Basket of fresh morning bakeries   
- Assortment of croissant, muffins, rolls, toast or assorted Danish pastries   
- Tea, coffee or hot chocolate 

### JAPANESE BREAKFAST

995

- Bento box with grilled salmon   
- Miso soup with steamed sticky rice
- Japanese style egg, vegetable preparation and accompaniments 
- Fresh cut fruits, green tea 

 Healthy Options  Vegetarian  Non-Veg  Lactose  Gluten  Nuts  Spicy  Egg  Soyabean  Fish  Crustacean

All Prices in INR | Taxes as applicable | Edible Soyabean Oil | Nut Oil | Mustard Oil | Butter | Desi Ghee | Olive Oil | Vanaspati used in preparation  
We Levy No Service Charges

Please inform our associate in case you are allergic to any specific food ingredient



# BREAKFAST MENU

(0600 HRS TO 1100 HRS)

- ▲ **BAKERS' BASKET** 🥛🌾🥚 375  
Assortment of croissant, muffins, rolls, toast or assorted Danish pastries
- **CEREAL BOWL** 🥛🌾🌾🌾 425  
Corn flakes/wheat flakes/chocos/muesli/all bran. Served with hot or cold milk
- **CRISPY WAFFLES** 🥛🌾🌾 495  
With whipped cream, honey and melted butter
- ▲ **FRENCH TOAST/PANCAKE** 🥛🌾🥚🌾 495  
Served with maple syrup, fruit compote and whipped cream
- ▲ **FARM FRESH EGGS** 495  
Poached / fried / boiled / scrambled 🥛🌾🥚  
Served with bacon or ham, sausages, grilled tomato and hash browns
- **PARATHA** 🥛🌾 495  
Choice of aloo, paneer or gobhi with pickles and yoghurt
- **POORI BHAJI** 🌾 495  
Deep fried whole wheat breads served with tangy potato curry
- **DOSA** 🌾 495  
Plain or aloo masala filled in thin rice pancake
- **UTTAPAM** 🌾 495  
Griddle cooked rice pancake with a choice of onion, tomato or green chilli
- **IDLI** 🌾 495  
Steamed rice and lentil cakes  
All South Indian delicacies are served with sambhar and chutneys
- **SEASONAL FRUIT PLATTER** ❤️ 445  
With natural or flavored yoghurt
- **LASSI** 🥛 375  
Plain / Salted / Sweet
- **SEASONAL FRESH JUICES** ❤️ 345























❤️ Healthy Options ■ Vegetarian ▲ Non-Veg 🥛 Lactose 🌾 Gluten 🌾 Nuts 🌶️ Spicy 🥚 Egg 🌾 Soyabean 🐟 Fish 🦀 Crustacean

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## SOUPS AND SALADS

(1100 HRS TO 2345 HRS)

-  **VEGETABLE MANCHOW** 545  
With asparagus and carrot
-  **TAMATAR TULSI DA SHORBA**  545  
Tomato and basil soup tempered with cumin and coriander garnished with basil seed
-  **MINCE CHICKEN SPICY SOUP**   595  
With celery and brown garlic
-  **MURGH YAKHANI SHORBA**  595  
Slow cooked chicken and coriander stock flavored with garlic
-  **ROASTED ROMA TOMATO SOUP**  625  
Oven roasted Roma tomato broth with puy lentil
-  **MUSHROOM AND WILD THYME PUREE**   625  
Served with brown garlic crumbs
-  **SUPERFOOD SLAW**    895  
A salad made with superfoods, rich in phytonutrients:  
Rucola, romaine and iceberg-provides phytonutrients and fiber  
Cherry tomato-rich in antioxidants  
Avocado-healthy fatty acid  
Asparagus-Vitamin A, antioxidant  
Roasted walnut honey  
good for cholesterol
-   **CLASSIC CAESAR SALAD**    925  
Romaine lettuce tossed in our signature Caesar dressing with Parmegiano Reggiano shaving and focaccia croutons  
Caesar salad combination:  
Caramelized asparagus and onion  
Balsamic chicken  
Crispy bacon bits

All above are tossed in a lemon and black pepper dressing

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## APPETIZERS

(1100 HRS TO 2345 HRS)

- ▲ **PRAWNS** 🥛🌾🦞 **1795**  
Tossed with spicy butter and garlic
- ▲ **HONEY PEPPER SOLE** 🌾🌶️ **1325**  
Tossed with honey and freshly cracked pepper
- ▲ **AMRITSARI MACCHI** 🥛🌶️ **1295**  
Classical singhara fish marinated with carom seeds and chilli, roasted in tandoor
- ▲ **MURGH MALAI TIKKA** 🥛🌰 **1295**  
Spit roasted chicken morels with yogurt cardamom and mace
- ▲ **SZECHUAN CHICKEN** 🌶️🌾🌰🌶️ **1045**  
Soya marinated diced chicken with Szechuan peppers and dry chilli
- **PANEER TIKKA** 🥛🥛 **995**  
Marinated in delicate yellow chilli & hung curd cooked in tandoor
- **HARA MATAR TE MAWA BHARA KEBAB** 🥛🌰 **925**  
Green peas and raisins blended together with spices and griddled
- **HAND ROLLED** 🌾 **845**  
Crispy vegetable spring roll
- **CHILLI PANEER** 🌾🥛🌶️🌶️ **845**  
Tossed with onion capsicum & soya

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## WRAPS, SANDWICHES & BURGER


(1100 HRS TO 2345 HRS)

- ▣ CHICKEN AND EGG KATHI  995
- ▣ PANEER MASALA ROLLS  945
- ▣ BLOOMS CLUB  945  
Chicken tender salad, fried egg, sliced tomato sandwiched in Blooms wellness bread
- ▣ VEGGIE CLUB  895  
Grilled zucchini, oven roasted tomatoes, charred bell peppers
- ▣ VEGETABLE BURGER  895  
With caramelized onion and crumbled feta, multigrain burger
- ▣ CRISPY CRUMBED CHICKEN BURGER  945  
With slow roast peppers, caper and garlic aioli

All sandwiches and burgers are accompanied with side of fries

## INDIAN SELECTION

(1100 HRS TO 2345 HRS)

- ▣ RIVER SOLE AJWAINI MACCHI CURRY  1295  
Punjabi home style fish curry tempered with carom seeds
- ▣ DHABA MEAT  1325  
Lamb cooked in a hearty Punjabi curry, very popular in dhabas on highway
- ▣ MASALA MURGH  1325  
Chicken roulade tossed with ground onion and tomato masala
- ▣ BUTTER CHICKEN  1325  
Whole chicken tangri with bones cooked in a mixture light pungent spices, tomato gravy finished with butter and fresh cream
- ▣ ANJEER MALAI KOFTA  1025  
Stuffed fig dumplings simmered in rich cashew nuts and tomato gravy
- ▣ MAKHANI PANEER  1045  
Paneer roulade in a braised tomato butter sauce

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- SUBZIYON DA MEL** 945  
 Cumin and garlic tempered seasonal vegetable, onion tomato masala
- BHINDI MASALENDAR** 945  
 Cumin tempered lady finger cooked with onion tomato masala
- HEENG DHANIYA KE CHATPATE ALOO** 875  
 Baby potatoes flavored with asafoetida and finished with fresh coriander
- DAL MAKHANI** 875  
 Black lentil simmered in tomato gravy and finished with butter and cream
- DAL TADKA** 875  
 Yellow lentil tempered in clarified butter with cumin, dried chilli and garlic

## PULAO

(1100 HRS TO 2345 HRS)

- GOSHT PULAO** 995  
 Aromatic basmati rice cooked with tender morsels of lamb served with raita and green salad
- MURGH ZAFFRANI PULAO** 995  
 Spiced chicken nuggets cooked on dum with saffron infused basmati rice served with raita and green salad
- MATAR, GOBHI AUR PYAZ PULAO** 895  
 Cumin tempered steaming basmati rice with fresh green peas, cauliflower florets and sliced onions.  
 served with raita and green salad

- RICE** 545  
 Jeera / Plain

## INDIAN BREADS

- NAAN** 295  
 Cheese / Chilli Cheese / Garlic / Plain
- PARATHA** 295  
 Lachha / Mirchi / Pudina
- ROTI** 295  
 Khasta / Plain / Roomali

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## ASIAN SELECTION

(1100 HRS TO 2345 HRS)

- ▣ **CHILEAN SEA BASS** 🌾🐟🌿 2945  
Served with golden garlic and homemade soya sauce
- ▣ **CHOICE OF FILLET / WHOLE FISH RED SNAPPER / RIVER SOLE** 🌾🐟🌿 1795  
With choice of sauces-spicy garlic / black bean/Szechuan/superior soya
- ▣ **WOK TOSSED PRAWNS** 🌾🦞 2045  
Fresh ginger in XO sauce
- ▣ **PAN FRIED LAMB RACK** 🌾 2045  
New Zealand lamb rack in black pepper sauce
- ▣ ▣ **THAI CURRY** 🌿🦞🌶️ 1345/1045/945  
Green / Red / Yellow  
Your choice of: Prawn / Chicken / Vegetables  
Accompanied with jasmine rice
- ▣ ▣ **MEAL BOWL OF RICE** 🌾🌿 995  
Your choice of: Chicken / Vegetables  
With hot bean, soya garlic sauce
- ▣ **CHICKEN SPICY GARLIC** 🌾🌶️ 1245  
Cooked in rice wine, ginger, spring onion, celery & dry chilli
- ▣ **BRAISED BEAN CURD** 🌾🌿 945  
With vegetables in chilli bean sauce
- ▣ **STIR-FRIED SEASONAL VEGETABLE** 🥕🌿 945  
In garlic sauce
- ▣ ▣ **FRIED RICE** 875  
Chicken / Vegetable
- ▣ **VEGETABLE HAKKA NOODLE** 🌾 875
- ▣ **JASMINE RICE** 495

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## WESTERN SELECTION

(1100 HRS TO 2345 HRS)

- ▲ **NEW ZEALAND LAMB CHOPS**   **2195**  
Potato gratin, vegetable and red wine glaze
- ▲ **KING PRAWNS**     **1795**  
Baked potato, wilted greens and coriander pesto
- ▲ **NORWEGIAN SALMON STEAK**   **1695**  
Pan fried with garlic mash, poached asparagus and caper mustard liaison
- ▲ **TENDERLOIN STEAK**   **1195**  
Thyme roasted new potatoes, grilled vegetables and mushroom sauce
- ▲ **GRILLED CHICKEN**   **1195**  
Half grilled chicken with skin served with grilled vegetables, mash potato and natural jus
- ▲ **CHICKEN PARMESAN**   **995**  
Parmesan gratinated crumbed grilled chicken breast served on a bed of penne Napolitano
- ▲ **SPAGHETTI CARBONARA**    **995**  
Grilled bacon, egg yolk and cream, elegantly enriched with pecorino romano
- **PENNE ARRABIATA**   **995**  
Plump tomato sauce, gently simmered with basil infusion
- ▲ **RISOTTO**  **995**  
Your choice of: Vegetable / Mushroom / Chicken

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## DESSERTS

- ▲ **TIRAMISU** 🥛🌾🥚 **650**  
Coffee flavored Italian dessert, served with Bailey's flavored cream (contains alcohol)
- ▲ **APPLE ALMOND TART** 🥛🌾🥜🥚 **650**  
Short crust base tart with apple and almond cream, served with honey glazed walnut, whipped cream and caramel sauce
- ▲ **BAKED CHEESE CAKE** 🥛🌾🥜🥚 **650**  
Vanilla flavor cream cheese cake, served with whipped cream and mixed berry compote
- **WARM CHOCOLATE BROWNIE** 🥛🌾🥜 **625**  
Served with vanilla ice cream and hot chocolate sauce
- **RASMALAI** 🥛🥜 **595**  
Dumpling made from cottage cheese and soaked in sweetened milk flavored with cardamom and saffron
- **GULAB JAMUN** 🥛🌾🥜 **545**  
Deep fried fresh cheese dumplings, soaked in sweetened cardamom flavored syrup

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## KIDS MENU – MAIN COURSE

- **ALOO PARATHA** 🥛🌾 350  
Paratha stuffed with mashed potato and served with yoghurt
- ▲ **CHOW CHOWMEIN** 🌾🥬 350  
Noodles with chicken or vegetables
- ▲ **SCOODLE DOODLE SPAGHETTI** 🥛🌾 350  
With or without chicken meatballs in tomato and cheese sauce
- ▲ **JUMBO HOT DOG** 🥛🌾 350  
Chicken frankfurters in soft hot dog bun with coleslaw and fries
- ▲ **CHOMPY FISH FINGERS** 🥛🌾🐟 350  
Served with tartar sauce and crispy potato
- ▲ **TREASURE HUNT CHICKEN NUGGETS** 🥛🌾🥚 350  
Crumb fried chicken nuggets served with tartar sauce and crispy potato

## KIDS MENU - DESSERTS

- **DREAM ICE CREAMS** 🥛 350  
Choice of vanilla / strawberry / chocolate
- **MUDDY FINGERS** 🥛🌾🥜 350  
Chocolate cake served with vanilla ice cream
- **GIANT MONKEY** 🥛 350  
Banana split topped with three scoops of ice cream

## BEVERAGE MENU

- **MILK SHAKES** 🥛 295  
Choice of strawberry / vanilla / chocolate, served with a scoop of ice cream
- **COLD COFFEE** 🥛 295  
Coffee blended with chilled milk and served with a scoop of ice cream
- **HOT BEVERAGES** 🥛 295  
Choice of drinking chocolate, Bournvita or Horlicks

**Kids Policy:-** Kids menu applies to children up to 12 years of age. For those with special dietary requirements or allergies, who wish to know ingredients used, may ask the manager

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